

7 Creek Lane Bristol, RI 02809 401-253-3000 www.silvercreekmanor.com

Administrator
Kimberly A. Ciociola

Interim Director of Nurses
Stephanie Morris, RN

QAPI Director
Anne M. Cabral

Social Workers
Christen Parker-Jones
Cindy Morais

Financial Services
Mary Sylvia

Environmental Services
John Ciociola

Housekeeping
Renata Ferreira

Dietary Services
J Ghazal

Activity Director
Nancy Lowney

Admissions Coordinator
Claudia Zimmerman

Rehab Care
Melanie Conway, OT

Happy Spring!
Happy Easter!



From the Administrator.....

Hi Everyone-

This is the season of renewal and as I sit here and write this I was hoping to have warmer weather and more sun. Even though the weather isn't cooperating, the staff has been very busy working on some new programs to enhance our resident's lives. Last month we started an exercise program called "Stronger for Longer". This program has been quite successful with everyone. Sessions are scheduled twice a week and run by a different staff member who volunteers. They choose their own music and infuse fun into an exercise program that was developed to help reduce falls. Residents look forward to having fun and interacting with different staff members while improving strength and balance.

Once again the Activities department planned some fun times this month starting with Red Sox opening day April 3rd. Saturday, April 8th bring the kids to meet the Easter Bunny at our annual Easter Egg Hunt. We also have a local favorite - Dougie Botelho, entertaining us on April 20th at 2:30. Come for a visit and enjoy the music. The Hope Program will also begin this month. It was developed by Anne Cabral and its purpose is to provide programming that is person centered specific to the resident's dementia level. Each Resident with a dementia diagnosis will be assessed and group into clusters based on their cognitive ability. Programs are coordinated to reflect the activities of those residents within each cluster.

Lastly please follow us on Facebook! We have recently created a page on Facebook that will help us to stay connected and provide information quickly. Be sure to "like" us!

Sincerely,

Kimberly Ciociola Administrator

From the Director of Nursing.....

Happy Spring! Let's enjoy the warmer weather as well as our gazebo, back lawn, flower gardens and upper level deck! I wanted to share a lovely poem about spring, as well as a funny comic about spring here, in New England. Thank you!

Stephanie Morris, RN ~ Interim Director of Nursing

Winter's Ending

© Jrlinson, Published on March 20, 2017

*The final throes of winter fade,
And life is again renewed.
The chilling bite of winter's blade is
Broken by spring's light dew.
Now light touches once again.
All things beautiful and green
While blossoms bloom with brilliant reds
And fragrant flowers make the scene.
Quiet brooks flow ever on
With melted snow as fuel
To quench the thirst of newborn fawn
And haste life's great renewal!*





Financial Nuggets to Think About – The Business Office

Signs of Spring:

Opening Day for Baseball
 Flowers poking through the soil
 People outside tidying up their lawns
 Outside Patio furniture coming out of storage
 Bon fires
 Somerset Creamery and Eskimo King are open for the season!
 Longer Days
 People using the bike path
 Colt State Park filled with kites flying
 Quito's opening for the season
 People at Independence Park watching the sunset on the bay
 First Communion and Confirmations
 Bike rentals open for business
 Night life kicks up, and so does traffic
 Graduation preparations
 Wedding shower planning
 Ducks congregating at Sip 'n Dip
 Smell of grass being cut
 Turkeys crossing Tupelo Rd.
 Spring fever setting in
 Sounds of birding chirping
 Boats on the bay making their way to their moorings.
 Welcome Spring!!!!



Welcome!!!

New hires joining the team

Toni, CNA
Sky, CNA
Paula, Dietary Aide



Finances and the Aging Population

As we live longer, how to save for retirement is our focus. Also becoming a reality may be how to pay for long term care services when it is needed. Nursing homes can cost anywhere from \$9,000 to \$12,000 per a month. Some people buy long term care insurance, while others privately pay, and still others use Medicare or Medicaid. Medicare is a federally funded and state administered health insurance program. After a qualifying 3 day stay in a hospital, (some managed care Medicare plans do not require a 3 day stay),

Medicare will pay for services for up to 100 days (though sometimes rehabilitation falls short of those days). Then families are left to look at options of private pay or applying for Medicaid.

Medicaid is a benefits program which is primarily funded by the federal government and administered by each state. This Medicaid program will in fact pay for long term care once the person qualifies.

The qualification process is quite lengthy and detailed. It is recommended to seek advice and counsel with regard to finances and filling out the application for Medicaid.

Eligibility is based on the income and assets of the person applying. Planning for Medicaid helps to secure your loved one's future finances as well.

There are exempt and non-exempt assets that have to be weeded through to determine qualification. Some exempt assets are: primary home (intent to return home has to be shown), personal belongings and household goods, one car or truck; while non-exempt assets are things like cash, savings and checking accounts, US saving bonds, IRAs, trusts, real estate other than the primary home, more than one car, boats, stocks, bonds and other things. People can retain up to \$4,000 in cash or in the bank. We suggest talking over these details with a financial advisor, or lawyer and other members of the family.

APRIL Events

Please feel free to visit your loved one and attend these great events in our Center.

- April 2nd** : 3:00pm Baptist Service
- April 4th** 11:00am Episcopal Service
- April 6th**: 2:00pm Entertainment: Anne Watkinson
- April 11th**: 2:30pm Happy hour
- April 12th**: 2:30pm Penny Social
- April 16th**: 2:30pm Easter Tea Social
- April 17th**: 11:00am Catholic Mass
- April 20th**: 2:30pm Entertainment Dougie Botelho
- April 21st** 2:30pm Birthday Bash
- April 26th**: 2:00pm Resident Council
- April 27th**: 2:00pm Entertainment Debbie Celetti

Weekly Program Themes:

- Week 1** Out like a lamb
- Week 2:** Baseball
- Week 3:** Gardening
- Week 4:** Oceans
- Week 5:** Forests

Therapeutic Cooking: Carmel Apples Cupcakes, 4/7, Easter cookies, 3/14; Blueberry Pies, 4/28

Therapeutic Arts:

Baseball Craft 4/5, Designing with flowers, 4/13; Sand Art 4/19, Make your hedgehog 4/26.

Hope Program: 4/12, 4/19 & 4/26; 1:00pm.

