

Facility Staff

Administrator
Kimberly A. Ciociola

Director of Nurses
Marilyn Alves, RN

**Nursing Services
Coordinator**
Stephanie Morris, RN

QAPI Director
Anne M. Cabral

Social Workers
Christen Parker-Jones
Cindy Morais

Financial Services
Mary Sylvia

**Environmental
Services**
John Ciociola

Housekeeping
Renata Ferreira

Dietary Services
J Ghazal

Activity Director
Nancy Lowney

**Admissions
Coordinator**
Claudia Zimmerman

Rehab Care
Melanie Conway, OT

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From the Administrator.....

Hello Everyone

This time of the year is my absolute favorite ~ autumn. I love the colors, the crisp air, sweater weather, pumpkins and apple picking. Though it does signify that winter is certainly coming, let's enjoy the beautiful fresh air and spend some quality time with our family, soaking up those last warm rays of the sun.

We are so busy with projects and opening our doors to different groups of people this month! We will be welcoming Salve Regina nursing students again, beginning on Wednesdays. Our residents love the students and we take great pride knowing that they are getting a family based experience. We will also be starting a CNA class mid-October which will be organized by Stephanie Morris and Mal Alves. They will be using other department heads to help with teaching some of the topics. Anne Cabral continues with the dementia training for the staff as well. Just look our staff's name badge and if they have a purple angel pin, they have gone through the 8 hour training on dementia and passed the final exam. Our goal is to train the entire facility. Our Silver Creek Manor Alzheimer Walk Team raised more than \$3400 along with all those who purchased raffles, painted and bought sandwiches. Thank you to all those who helped this great cause.

Have an enjoyable month!

Regards, Kim Ciociola, Administrator



From the Desk of the DNS.....

Hello Everyone,

So Fall happened so fast and here we are at the beginning of the holiday season already! We have lots of "goings on" for the month of October!

To celebrate Halloween our staff will be wearing T-shirts sporting the "Our Residents are a HOOT!" logo!

We will also be hosting nursing students from the Salve Regina Nursing program weekly starting on October 4th. And as always, we are looking to bring on board the "best of the best" staffing, so we will be starting our C.N.A. training class on October 24th. Myself, Stephanie and Beth, will be teaching those classes.

So please bear with us because you will be seeing a lot of new people buzzing around and things will be very busy around here! And as always if you need to see me for anything, you all know where I live by now. ☺

*Have a great month,
Mal Alves, Director of Nursing*





Silver Creek Manor will administer influenza vaccines to residents and staff once the vaccine is made available. Influenza vaccine consent forms are being mailed to those identified as resident representatives. Please take a moment to review, complete and return the form at your earliest convenience. Be sure to include your loved ones name on the form!

Contact Nursing Service Coordinator- Stephanie Morris, RN, with any questions.



Thank You to the Silver Creek Alzheimer's Walk Team
We raised \$3400!!!
Your hard work is appreciated!

"When your family needs help, turn to ours"

Join Us in Welcoming our New Silver Creek Manor Team Members ~

Jocelyn, CNA
Kendra, Activity Aide
Amy, LPN
Kristine, CNA



Preventing the Flu: Good Health Habits Can Help Stop Germs- Stephanie Morris, RN

The **single best way to prevent seasonal flu is to get vaccinated** each year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu.

Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.

Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

Clean your hands.

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

Practice other good health habits.

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food (Source: Centers for Disease Control and Prevention, 2015)

OCTOBER EVENTS

Please feel free to visit your loved one and attend these great events in our Center.

- Oct. 1:** 3:00pm Baptist Service
- Oct. 3:** 11:00am: Episcopal Service
- Oct. 3:** 2:30pm Happy Hour
- Oct. 12:** Entertainment with John Scotti
- Oct. 16:** 11:00am Catholic Mass
- Oct. 17 :** 2:30pm Happy Hour
- Oct. 20:** 2:30 Entertainment with Don & Dave
- Oct 25:** 1:30pm Resident Council
- Oct. 25 :** 2:30pm Birthday Bash
- Oct. 24:** 2:30pm Happy Hour
- Oct 26:** 2:30pm Penny Social
- Oct. 31:** 2:30pm Halloween Party

Weekly Program Themes:

- Week 1: Pumpkins**
- Week 2: Foliage**
- Week 3: Harvest**
- Week 4: Halloween**
- Week 5: National Sandwich Week**

Therapeutic Cooking: Pumpkin cookies 10/6; Brownies 10/13; Dirt Cake 10/27

Therapeutic Arts:

Pumpkins 10/4; TeePee Craft 10/11; Suncatcher 10/18

Closets and Laundry & Autumn, Oh My!
~ John Cioicola

Hello Everyone,
As we enter into the cooler weather, with bulky clothing and new clothes being purchased, we are asking our families for help with crowded closets and missing clothing. We are asking families once again to purge the closets of warm weather clothing and change over to the fall clothes. While you are swapping clothes, please ensure that the clothing is all labelled. This will help greatly with space saving, cutting down the chances of clothing going into the wrong closets; or even staying downstairs, in laundry, not labelled. We understand that bringing new clothes in, labelled, may be difficult, but we'd be happy to lend you clothing pens to assist you. Also, any new clothing (or other items) should be brought to the attention of nursing for the inventory list and to maintenance if it is an electronic item. Thank you for your help!



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