



Twilight Leisure

Purpose: to provide: 7 night a week activities, in the lower living room for those residents at risk for falls as well as those that would benefit from evening engagement. This program is part of the Falling Star Program.

Procedure:

The program, conducted by one activity person will run from

6:00-7:30pm ~ The program is held in the lower lobby area. Anyone from the upper level is also welcome to attend.

There has been a schedule developed for each evening that will vary each night. These programs involve physical activity, cognitive stimulation, snacks as well as recreation. Our nursing assistants will come to the lobby area during different times to assist residents back to bed, as needed.

If you'd like to have a quieter, private visit with your loved one, please feel free to use the lower level living room, the upper living room, or the comfort of your loved one's room during the Twilight Leisure Program.

Otherwise, be sure to stay in the lobby area with your loved one and enjoy the fun!

Please see Nancy Lowney, Activity Director, if you have any questions.

Thank you.

SILVER CREEK MANOR

EVENING ACTIVITY CALENDAR

**Evening activities will be held in the lower level foyer*

*Leisure corner is a variation of independent leisure activities offered to individual residents in a group setting.

Program runs from 6-7:30. The Activities Assistant Leaves the floor at 7:45

***Activities are subject to change to best fit the needs of the residents**

Sunday	Monday	Tuesday	Wednesday
<p>6:00-Night at the Movies</p> <p>6:30-Snack Cart</p> <p>7:00-Craft</p> <p>7:30-Breakdown/Documentation</p>	<p>6:00-Basketball</p> <p>6:30-Snack Cart</p> <p>7:00-Word Game</p> <p>7:30-Breakdown/Documentation</p>	<p>6:00-Tic Tac Target</p> <p>6:30-Snack Cart</p> <p>7:00-Game Time</p> <p>7:30-Breakdown/Documentation</p>	<p>6:00-Balloon Volley</p> <p>6:30-Snack Cart</p> <p>7:00-Frisbee Toss</p> <p>7:30-Breakdown/Documentation</p>
Thursday	Friday	Saturday	
<p>6:00-Ring Toss</p> <p>6:30-Snack Cart</p> <p>7:00-Puzzle Mania</p> <p>7:30-Breakdown/Documentation</p>	<p>6:00-Hang Man</p> <p>6:30-Snack Cart</p> <p>7:00-Let's Try something New!</p> <p>7:30-Breakdown/Documentation</p>	<p>6:00-Reminice Movie</p> <p>6:30-Snack Cart</p> <p>7:00-Leisure Corner</p> <p>7:30-Breakdown/Documentation</p>	