

Independent Leisure activities are available in both foyers. Please see activities staff if you need any assistance or needed materials are unavailable.








2019

The Twilight Program is held nightly in the lower foyer from 6:00-8:30pm

KEYS:
Both floors (BF)
Upper Level (UP)
Lower Level (DN)

** One to One visits occur daily from 1:00-1:30pm**

** Activities are subject to change to best meet the needs of our residents. **

Important Dates this Month: May Day May 1 Cinco de Mayo May 5 Mother's Day May 12 Armed Forces Day (U.S.) May 18 Victoria Day (Canada) May 20 Memorial Day (U.S.) May 26	Entertainment Days this Month: Mark Deschanes May 2 nd at 2:30pm Chuck Dee May 13 th at 2:30pm Todd Hargraves May 14 th at 2:30pm Anne Watkinson May 15 th at 2:30pm Roger Charier May 16 th at 2:30pm Debbie Coletti May 17 th at 2:30pm Wall of Honor May 24 th at 1:30		1 Wednesday MAY DAY 9:00- Good Morning Visits (BF) 10:00- Exercise (BF) 11:00- May Day Brunch(BF) 1:30-Bowling(UP) 1:30-Inflatable Ring Toss (DN) 2:30-Flower Craft (BF) 3:45-Trivia (BF)  <i>Happy May Day</i>	2 Thursday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise(BF) 11:00- Chair Yoga (UP) 11:00 Ring Toss (DN) 12:00- Lunch 1:30-Ice Cream Social(BF) 2:30- Entertainment:Mark Deschanes (UP) 2:30 Musical (DN) 3:45-Colorama(BF)	3 Friday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Cheese Toss (UP) 11:00 Making a Band (DN) 12:00- Lunch 1:30-The Price is Right (DN) 2:30-Balloon Swat(UP) 3:45-Cornhole (UP) 3:45-Kickball (DN) *National Space Day	4 Saturday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Spa & Manicures (BF) 12:00- Lunch 1:30 – Feel Good Movie & Popcorn Social (BF) 2:30 –Bingo (UP) 2:30- Sensory (DN) 3:45- Residents Choice(BF) 
5 Sunday CINCO DE MAYO 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 11:00- Catholic Mass CH6(BF) 12:00- Lunch 1:30-Cinco De Mayo Fiesta(BF) 2:30- Sensory (DN) 3:00- Baptist Service (UP) 3:45-Resident Choice (BF)  Week Theme – Cinco De Mayo	6 Monday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Noodle Ball (DN) 11:00 Balloon Tennis (DN) 12:00- Lunch 1:30 – Bingo (UP) 1:30-Corn Hole (DN) 2:30- Sombrero Craft(BF) 3:45-Coloring Corner (UP) 3:45-Sing Along (DN)	7 Tuesday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00 Episcopal Service (UP) 11:00- Corn hole (DN) 12:00- Lunch 1:30-Noodle Ball (DN) 1:30-Basketball(UP) 2:30-Happy Hour (BF) 3:45-Make your own llama Craft (BF)	8 Wednesday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00-Sing Along (DN) 11:00 Trivia (UP) 12:00- Lunch 1:30-Noodle Ball(UP) 1:30-Chair Yoga(DN) 2:30-Guitar Craft (BF) 3:45-Traveling to Mexico (BF)	9 Thursday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Springtime Jingo (DN) 11:00 Leisure Corner (UP) 12:00- Lunch 1:30-Ice Cream Social(BF) 2:30-Pool Noodle Cactus Craft(UP) 2:30 –Pin The Tail (DN) 3:45-Music and Memory (BF)	10 Friday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Balloon Tennis (UP) 11:00 Noodle Ball (DN) 12:00- Lunch 1:30-Toss Across (DN) 1:30-Cheese Toss (UP) 2:30- Therapeutic Baking-Sombrero Cookies(BF) 3:45-Cinco De Mayo Decorating Page (BF)	11 Saturday 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Spa & Manicures (BF) 12:00- Lunch 1:30 – Comedy Movie & Popcorn Social (BF) 2:30 –Bingo (UP) 2:30- Sensory (DN) 3:45- Residents Choice(BF) 

<p>12 <u>Sunday</u> MOTHER'S DAY 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 11:00- Catholic Mass CH6(BF) 12:00- Lunch 1:30 – Mother's Day Tea Party(BF) 2:30 –Bingo (UP) 2:30 Bowling (DN) 3:45-Resident Choice (BF)</p>  <p><u>NURSING HOME WEEK BEGINS!</u></p>	<p>13 <u>Monday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Musical Jingo (UP) 11:00 Bean Bag Toss (DN) 12:00- Lunch 1:30-Touring Music (Arcadia),Pets/Animal Therapy (Avalon)(BF) 2:30- Crowning of the Prince and Princess, Entertainment : Chuck Dee (UP) 2:30 Sing Along (DN) 3:45-Musical (BF)</p> 	<p>14 <u>Tuesday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Guess That Spice (DN) 11:00 Hang Man (UP) 12:00- Lunch 1:30-Touring Beach(Rehab),Touring Exercise(West)(BF) 2:30-Entertainment: Todd Hargraves (UP) 2:30-Happy Hour (BF) 3:45-Armchair Traveler(BF)</p> 	<p>15 <u>Wednesday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Categories (UP) 11:00 Noodle Ball (DN) 12:00- Lunch 1:30-Touring Cooking(Kitchen),Touring Gardening (South)(BF) 2:30-Entertainment: Anne Watkinson (UP) 2:30-Trivia(DN) 3:30- Chocolate Chip Cookie Social (BF)</p>  <p>** National Chocolate Chip Day**</p>	<p>16 <u>Thursday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00 Touring Vineyard(East)(BF) 12:00- Lunch 1:30 Ice-cream Social(BF) 2:30 Entertainment: Roger Charier (UP) 2:30-Creative Arts (DN) 3:45 Frisbee Toss (DN) 3:45 Balloon Tennis (UP)</p> 	<p>17 <u>Friday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Touring Reading (North) (BF) 12:00- Lunch 1:30-Touring Spa (Admin)(BF) 2:30-Entertainment : Debbie Coletti (UP)/Closing Ceremony for Nursing Home Week/Staff Appreciation. 2:30-Noodle Ball (DN) 3:45-TV Trivia(BF)</p> 	<p>18 <u>Saturday</u> ARMED FORCES DAY (U.S) 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Spa & Manicures (BF) 12:00- Lunch 1:30 – Surprise Movie & Popcorn Social (BF) 2:30 –Bingo (UP) 2:30- Sensory (DN) 3:45- Residents Choice(BF)</p> 
<p>19 <u>Sunday</u> 9:00- Good Morning Visits(BF) 9:30- Coffee Social(BF) 11:00- Catholic Mass CH6(BF) 12:00- Lunch 1:30 –Word Games and Trivia (UP) 1:30- Sensory (DN) 2:30 –Bingo (UP) 2:30- Balloon Tennis(DN) 3:45-Resident Choice (BF)</p> <p><u>Theme: Bike Week</u></p>	<p>20 <u>Monday</u> VICTORIA DAY (Canada) 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- St.Marys Catholic Mass (UP) 11:00 Funny Videos(DN) 12:00- Lunch 1:30-Design your Bike Craft (UP) 2:30-Bowling(DN) 2:30- Bingo (UP) 3:45-Colorama (BF)</p> 	<p>21 <u>Tuesday</u> 9:00- Good Morning Visits(BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Music Band (DN) 11:00 Trivia (UP) 12:00- Lunch 1:30-Therapeutic Baking-Traffic Light Brownies(BF) 2:30-Happy Hour (BF) 3:45-Creative Corner (BF)</p>	<p>22 <u>Wednesday</u> Resident Council 1:30 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Cheese Toss (UP) 11:00 Corn Hole (DN) 12:00- Lunch 1:30- Wheel of Fortune (UP) 1:30- Bowling (DN) 2:30- Penny Social (UP) 2:30 - Noodle Ball (DN) 3:45- Name 10(BF)</p>	<p>23 <u>Thursday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Finish That Phrase (UP) 11:00 Parachute (DN) 12:00- Lunch 1:30 -Ice-cream Social(BF) 2:30 –Bike Art Project (UP) 2:30-CornHole(DN) 3:45 – Basketball (Up) 3:45-Sing Along(DN)</p>	<p>24 <u>Friday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Basketball (DN) 11:00 Ring Toss (UP) 12:00- Lunch 1:30-Wall Of Honor (BF) 1:30-American Songs Sing Along (BF) 2:30-America Jingo (DN) 2:30 –Word Games(UP) 3:45-Bowling (UP) 3:45-Trivia (DN)</p>	<p>25 <u>Saturday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Spa & Manicures (BF) 12:00- Lunch (BF) 1:30 – Adventure Movie& Popcorn Social (BF) 2:30 –Bingo (UP) 2:30- Sensory (DN) 3:45- Residents Choice(BF)</p> 
<p>26 <u>Sunday</u> 9:00- Good Morning Visits(BF) 9:30- Coffee Social(BF) 11:00- Catholic Mass CH6(BF) 12:00- Lunch 1:30 –Word Games and Trivia (UP) 1:30- Sensory (DN) 2:30 –Bingo (UP) 2:30- Word Games (DN) 3:45-Resident Choice (BF)</p> <p><u>Theme : Backyard Barbecue</u></p>	<p>27 <u>Monday</u> MEMORIAL DAY 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- I Love America Sing Along (BF) 12:00- Lunch 1:30-American Jingo (DN) 1:30-Frisbee Toss (UP) 2:30- Bingo (UP) 2:30-Cheese Toss (DN) 3:45- Word Games (BF)</p> 	<p>28 <u>Tuesday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Trivia(UP) 11:00 Balloon Swat(DN) 12:00- Lunch 1:30-Bowling(UP) 1:30- Corn Hole (DN) 2:30-Happy Hour/Birthday Bash (BF) 3:45-Hamburger Craft(BF)</p> <p>*National Hamburger Day</p>	<p>29 <u>Wednesday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Creative Coloring (BF) 12:00- Lunch 1:30 –Trivia (BF) 2:30 - Skittles Experiment(BF) 3:45- Glowing Ring Toss(BF)</p> 	<p>30 <u>Thursday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF) 11:00- Categories (BF) 12:00- Lunch 1:30 -Ice-cream Social(BF) 2:30- Coal Toss (UP) 2:30-Creative Corner(DN) 3:45 – Basketball (DN) 3:45-Hangman (UP)</p>	<p>31 <u>Friday</u> 9:00- Good Morning Visits (BF) 9:30- Coffee Social(BF) 10:30- Exercise (BF)/Guitars School Gardening 11:00- Noodle Ring Toss(UP) 11:00 Frisbee Toss(DN) 12:00- Lunch 1:30-Balloon Tennis (DN) 1:30-Name 10 (UP) 2:30- Therapeutic Baking-S'mores Bars (BF) 3:45- Traveling with Rick Steves(BF)</p>	

